

**CITY OF MONTPELIER  
CAPITAL CITY OF VERMONT**

**City Manager's Weekly Report – 11/18/2016**

**UPCOMING MEETINGS ...**

Monday, November 21	Montpelier Senior Activity Center's Advisory Council Meeting, 12:00 – 1:00 P.M.
	Special City Council Meeting (Executive Session), 4:30 P.M. in the City Manager's Conference Room
	Design Review Committee, 5:30 P.M. in the City Council Chambers
	Development Review Board, 7:00 P.M. in the City Council Chambers
Thursday, November 24, and Friday, November 25	THANKSGIVING DAY HOLIDAY ... City Hall Offices will be closed.

**FOR YOUR CALENDAR ...**

Thursday, February 9, 2017 “Welcome Legislators” Reception, 5:00 – 7:00 P.M. in the Capitol Plaza's Ballroom

**ATTACHMENTS ...**

- Memo to the Central Vermont Public Safety Authority
- Press Release: Unlawful Mischief Arrest
- Press Release: Warning: Deadly Heroin in Montpelier
- Recreation Department 2016-2017 Winter Spring Brochure
- 2016-17 Council Goals – November, 2016

**CITY MANAGER'S REPORT ...**

**FY18 Budget Process**

All public documents related to the FY18 Budget process are, and will be posted, here: <http://www.montpelier-vt.org/179/Annual-Budget>. Currently that includes the budget schedule, communications from the Finance Director, and department presentations. Our goal with this page is to provide a central location where all information is available. Past Annual Budgets are also available on this page.

# **CITY MANAGER'S WEEKLY REPORT**

**November 18, 2016**

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## **Central Vermont Public Safety Authority**

The Central Vermont Public Safety Authority will be addressing the City Council on November 30, 2016 to present a plan to move Dispatch services from the Montpelier Police Department to CVPSA authority in FY18. This is a significant step toward regionalization of public safety service delivery, a long-standing City Council goal, and we appreciate the CVPSA's efforts to date. As staff thinks about this transition, our team has raised the operational questions. These were outlined to the CVPSA Board of Directors, in the memo attached, this week.

## **1 Taylor Street Redevelopment**

The City has obtained the easements needed from the Jacobs, Bashara's, and Heney's. We also have agreement with the Heney's on a 49-year lease for parking at the State Street lot. It is expected that the Council will authorize this long-term lease at their November 30<sup>th</sup> meeting. We have been in touch with Jay White, now that these easements are completed, and expect to meet with him in the next week. Once this agreement is finalized, VTTrans will need to review all right-of-way documents and clear us to move forward with design and permitting. This is an exciting step!

Work is underway on the retaining wall reconstruction and associated soil mitigation. Attached are some pictures. This retaining wall work will be completed by the end of December.

## **Shared Use Path Extension from Granite Street to Gallison Hill Road**

Thirteen easements are needed for the Shared Use Path Extension project. To date, we have executed nine. We understand that the Rail has signed the required lease, and we are awaiting its return to the City. We anticipate two others being signed in the next two weeks. And the last is under final negotiations. Completing right-of-way for this project by the end of the calendar year will allow us to start construction on the Path Extension in 2017.

## **Net Zero Montpelier and Public Works Explore FOG Idea**

At the CIP meeting last week, some Councilor's heard a brief update on an effort currently being explored by the Public Works and MEAC for a potential cogeneration project at the WRRF with the use of Fats, Oils & Grease (FOG) to increase methane production. The idea is that this power generation capability would greatly enhance our anaerobic digestion capabilities, reduce our solids disposal costs and replace additional equipment that was not

## **CITY MANAGER'S WEEKLY REPORT**

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originally included in the aging infrastructure project. This project would be a substantial investment. Staff and MEAC are currently reviewing the concept and financial models. The assessment of viability is at a very early stage and includes the speculative involvement of a private business partner specializing in cogeneration projects (Energy Systems Group), as well as Efficiency Vermont. It's unknown at this time when a presentation and recommendation will be ready for City Council consideration and the purpose of this note is to briefly describe a potentially significant energy initiative project. Look for more information in the near future, possibly before the end of the calendar year.

### **Montpelier Police Department Receives Award**

This week the Montpelier Police Department was presented with a 2016 Community Partnership Award from Washington County Mental Health Services, Inc. at their Annual Meeting. This award illustrates that the men and women of the MPD have made a positive difference in the lives of so many in Montpelier. The plaque is on display at the Police Department.

### **Legal**

*Illuzzi vs City, et al:* No further action to report since the July 12, 2016 VT Superior Court of Washington County issued its "Opinion and Order on Defendant's Motions to Compel, Enlarge, and Amend".

*VCFA vs. City, Supreme Court Appeal:* The Vermont Supreme Court heard oral arguments on Wednesday, October 26<sup>th</sup> at 2:30 P.M. We now await their decision. Represented by Robert Fletcher.

## **WEEKLY REPORTS FROM DEPARTMENT HEADS ...**

### **Recreation**

The Montpelier Recreation Department had a great turnout for fall programs. Over 360 participants participated in fall programs. Over 60 adults participated in programs, and over 250 youth participants were registered in afterschool programs and youth sports. We are now registering participants for winter programs. We welcome everyone to visit our website at [www.montpelierrec.org](http://www.montpelierrec.org) or stop by or call the office for more information. The Winter and Spring Recreation Brochure is attached.

# CITY MANAGER'S WEEKLY REPORT

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## Parks and Trees Report

This week, we hosted a Level 1 and Level 2 Chainsaw Class led by Northeast Woodland Training that eight Public Works and Recreation staff took advantage of. This training provided a crucial foundation in preparing City employee to be able to respond safely to storm-related events. We also worked on repairing a number of street tree guards.

Tree Board Members joined Park staff one afternoon, identifying and removing invasive species in Hubbard Park. November is a great time of year to locate invasive species, since many types have leaves that linger on the plants much longer in the fall than natives (one of the reasons they out compete natives). Removing invasives is also made easier when the ground is wet, but not yet frozen, as it is much easier to pull out the plants along with most of their roots.

Last week, Montpelier Parks and Trees Department used two small grants from VT Urban and Forestry Programs to be able to:

- 1) Send Geoff and Alec to the New England ISA (International Society of Arboriculture) Conference that was held in Burlington this year.
- 2) To have a nationally known Master Arborist come and do a day-long training for Parks and Trees staff and nine members of the Tree Board to review key information for urban tree health and management, as well as identifying tree risks and hazards.

## Montpelier Senior Activity Center Open House on November 28

On Monday, November 28, from 5-7:00 P.M., the Montpelier Senior Activity Center will be hosting our annual holiday open house. Our open house will provide an opportunity for you to learn about the great activities and programs we offer, get to know fellow members, and enjoy light refreshments and entertainment. The open house also takes place on the first day of winter class registration, so it will be a great chance to learn more about classes and get signed up. We invite you to come and learn more about our center and share in the merriment!

## **TOPICS FOR UPCOMING COUNCIL MEETINGS ...**

November 30

Goal: Steady State

2016 Construction Summary

2017 Construction Work Plan

Department Update – DPW

Department Update – Planning & Development

# CITY MANAGER'S WEEKLY REPORT

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November 30 (cont'd.)	Berlin Pond Central Vermont Public Safety Authority FEAST Leash Law – Rick Lee Appointment to Conservation Commission Community Services Report Kellogg-Hubbard Library – Nomination of City Rep to Board
December 14	Goal: Healthy Community Department Update – Community Services Department Update – Government Services
December 21	Goal: Affordable Community Budget
January 4, 11, 18, 26	Budget, Warning, Public Hearings,



William J. Fraser  
City Manager

Mayor John Hollar

William Fraser  
City Manager

City Council Members:

Dona Bate  
Jessica Edgerly Walsh  
Tom Golonka  
Jean Olson  
Justin Turcotte  
Anne Watson

Jessie Baker  
Assistant City Manager

### MEMORANDUM

To: CVPSA Board of Directors  
From: City Manager Bill Fraser, Assistant City Manager Jessie Baker  
CC: Mayor Hollar & City Council Members  
Re: Central Vermont Public Safety Authority – FY18 Planning  
Date: November 16, 2016

We understand that the Central Vermont Public Safety Authority will be addressing the City Council on November 30, 2016 to present a plan to move Dispatch services from the Montpelier Police Department to CVPSA authority in FY18. This is a significant step toward regionalization of public safety service delivery, a long-standing City Council goal, and we appreciate your efforts to date. As we think about this transition, our team has raised the operational questions outlined below. We wanted to give you an opportunity to respond to these questions in advance of the November 30, 2016 Council meeting. We are proud of the excellent Dispatch services to our residents and visitors currently receive, not to mention the 17 other communities for whom we provide these contracted services. Our concern is to ensure this transition happens effectively and to ensure that Montpelier residents continue to receive high quality services.

#### Quality Services

- What are the measures of success? How will we know if the community continues to receive the same high quality services we currently receive?
- What are the training standards of CVPSA? What is the training commitment? Will dispatch staff under CVPSA have access to the same or greater professional development opportunities?
- What are the customer service standards? How will this be measured?

## **Cost**

- Under CVPSA authority in FY18 will the cost to taxpayers be lower, the same, or higher?

## **Administration**

- How will payroll, benefits administration, accounts payable, accounts receivable, and contract management be handled?
- How will assets (technology equipment, desktop equipment, etc.) be transition to the CVPSA?
- How will technology be supported?
- We understand that part of the new CVPSA Dispatch will remain housed in the Montpelier Police Department. Currently Dispatch takes up about 10% of the Montpelier Police Station. How will Montpelier taxpayers be reimbursed for operations and maintenance costs of the building?
- Who will provide the insurance coverage for this service delivery?
- What is the collective bargaining plan and timeline to move the employees from being City of Montpelier employees to CVPSA employees?
- Montpelier currently has an exceptional full time Police Chief. What are CVPSA's intentions around Chief Facos' FY18 and future role with the CVPSA?

## **Connection to Law Enforcement**

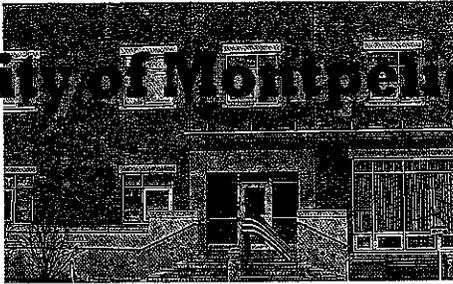
- Currently the Montpelier Police receive significant support from Dispatch as they are co-located. This includes administrative support at the 24/7 staffed public building, information on active cases, and parking enforcement support, and cell monitoring. How will this be handled under the CVPSA?

## **Longer-term Vision**

- What are CVPSA's intentions around future possible expansion and revenue diversification? Is CVPSA committing to providing service to Capital West? What other contracts does the CVPSA anticipate exploring?



# City of Montpelier Police Department



**Anthony J. Facos**  
Chief of Police

## PRESS RELEASE

For more information, contact:

Sgt. Eric W. Nordenson *ewnd/803*  
(802) 223-3445

FOR IMMEDIATE RELEASE

November 12, 2016

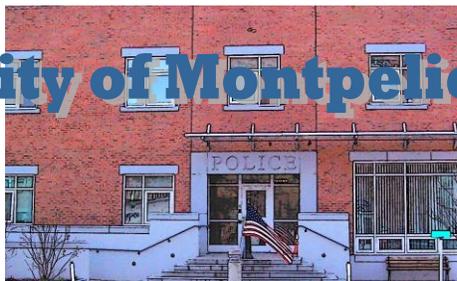
## Unlawful Mischief Arrest

The Montpelier Police Department has received several reported vandalism complaints over the last several days. Many downtown buildings and two public school buildings were vandalized with writing on the side of the buildings. The writing included obscene, racist and derogatory words and was written in chalk.

After a short investigation, it was determined that Roy S. Emrick (65) of Montpelier, VT was responsible for the vandalism. Emrick was cited to appear in Washington County Superior Court-Criminal Division on December 8, 2016 at 8:30AM.



# City of Montpelier Police Department



**Anthony J. Facos**  
Chief of Police

## **PRESS RELEASE**

**For more information, contact:**  
**Chief Anthony J. Facos**  
**(802) 223-3445**

### **FOR IMMEDIATE RELEASE**

November 15, 2016

## **WARNING: Deadly Heroin in Montpelier**

The Montpelier Police and Fire Departments have responded to two suspected heroin overdoses in the City within the last 14 hours. One of the patients survived after medical intervention while another individual was found dead in his apartment. MPD is still on the scene of one of the suspected overdose and is conducting a death investigation.

At this time, MPD does not know whether or not fentanyl is linked to these recent overdoses. Suspected heroin bags that have been recovered at the two different overdose locations and they were common off-white (heroin) bags that did not have any markings or stamp. MPD has notified Central Vermont Substance Abuse Services and area law enforcement regarding the recent overdoses so that medical and treatment providers are aware of the current situation.

Neither VSP Middlesex nor the Barre City PD has received any reports of overdoses in the last 24 hours.

MPD would like to remind citizens in Washington County that if they need help with their addiction, they can contact their local police agency, anytime day or night and they can get help through **PROJECT SAFE CATCH**. Individuals can also contact **Central Vermont Substance Abuse Services** at **(802) 223-4156**.

Anyone with information regarding the selling/dispensing of heroin or other dangerous drugs is urged to contact their local law enforcement agency.

**\*Lastly, due to the potential of either highly potent heroin or heroin mixed with fentanyl, it is important to understand that standard single applications of Naloxone or Narcan were ineffective with some recent overdose reversals.**



# Montpelier Recreation Department 2016-2017 Winter and Spring Brochure

58 Barre Street  
Montpelier, VT 05602  
802-225-8699 | [www.montpelierrec.org](http://www.montpelierrec.org)

# MONTPELIER RECREATION DEPARTMENT

YOUR COMMUNITY NEIGHBOR SINCE 1945

## 2016/2017 – WINTER/SPRING PROGRAMS

58 Barre Street – Montpelier, VT 05602

Telephone 225-8699, [www.montpelierrec.org](http://www.montpelierrec.org)

*“EXPERIENCE THE BENEFITS”*



### STAFF

Director of Recreation  
Program Coordinator & Pool Sup.  
Administrative Assistant  
Maintenance Foreman  
Maintenance

Arne T. McMullen, CPRP  
Eric White  
Norma L. Maurice  
Richard Lachapelle  
Carl Nunn

### ADVISORY BOARD

James Surwilo-Chair  
Karllynn Koenemann  
Andrea Talentino  
Sue Aldrich- School Board Representative  
Tom Golonka- City Council Representative

### MISSION STATEMENT:

The Mission of the Montpelier Recreation Department is to provide a variety of quality programs, community events, and recreational services in a safe and affordable manner, and to effectively develop and maintain recreational facilities for all residents of the Montpelier Community.

### OFFICE LOCATION

Our new office is located at 58 Barre Street in the Senior Activity Center. All registrations and inquiries are processed at the office. The Montpelier Recreation Department welcomes requests for reasonable accommodations. Please contact our office at 225-8699.

### OFFICE HOURS

Office hours - Monday through Thursday- 8:00 a.m. to 4:30 p.m.  
Friday - 8:00 a.m. to 4:00 p.m.  
The Office is closed on November 24, 2016, November 25, 2016, December 24 2016 - January 2 2017. January 16, February 20, May 29. Fees  
Payment is required (in full) at time of signup unless other payment arrangements have been made with an office representative.

### ONLINE REGISTRATIONS

The Recreation Department now accepts online registrations with credit card payment, for select programs and events. Please note that there is a \$3.95 convenience fee, per transaction, that will be charged to the user's credit card. First time users must call the Recreation Department to set up a household account and to obtain their user name and password.  
Please visit our website for program updates and announcements. [www.montpelierrec.org](http://www.montpelierrec.org)

### REFUNDS

A program is cancelled by the Recreation Department.  
Cancellation by parent/guardian two days prior to start date.  
Pro-rated due to illness or accident after class starts.

### PROGRAM CANCELLATIONS

If the minimum enrollments for a program are not reached, the program will be cancelled and participants will be contacted.

### WEATHER CONDITIONS

Classes may be cancelled due to inclement weather. When our schools close, all classes will be cancelled. Please call the office for information (225-8699).

### SIGN UPS

Sign up for all programs and classes early. Registrations will not be accepted at the first class. Instructor schedules and supplies are based on pre-registration for programs.

### THANK YOU

To all our volunteers for soccer, the Ski and Skate Sale, and Halloween Party. Our programs benefit greatly from people who donate their time to help. Thank you.

### INSTRUCTORS WANTED:

The Montpelier Recreation Department continues to work on expanding programs for adults and children. If you would like to share your talent (volunteer or paid), please call 225-8699 between 9:00 a.m. and 4:00 p.m. to arrange a meeting. Some programs we would like to offer the public are Tai Chi, Dance, Craft Programs, Home Maintenance Programs, Basic Automotive Maintenance Programs, and pre-school activities. Bring your talents to MRD and the Montpelier community.

### RECREATION CENTER OPEN GYM HOURS

Monday through Friday afternoons 3:00 p.m. to 4:00 p.m.  
Monday through Saturday nights 7:00 p.m. to 9:00 p.m.  
Saturday afternoon 1:00 p.m. to 4:00 p.m.  
Friday/Saturday nights open 9:00 p.m. to 10:00 p.m.  
for high school age and older.

**On Thursdays January 5, 12, 19, 29 February 2, 9, 16, 23 March 9, 16, 23, 30, April 6, 13 open gym will start at 8:00 pm**

**The gym will not be available after school when programs are scheduled by the Recreation Department; however, there is still access to the game room.**

Daily Rates		Daily Rates		Passes		Passes	
Residents	Non-Residents	Residents	Non-Residents	Residents	Non-Residents	Residents	Non-Residents
K-8 \$1.00	K-8 \$ 2.00	K-8 \$10.00	K-8 \$ 20.00				
9-12 \$1.50	9-12 \$ 3.00	9-12 \$15.00	9-12 \$ 30.00				
Adult \$2.50	Adult \$ 5.00	Adult \$25.00	Adult \$ 50.00				
Family \$6.00	Family \$12.00	Family \$60.00	Family \$120.00				

## PRE-SCHOOL PROGRAMS

### LITTLE SPROUTS OPEN GYM

The Gym is available on Wednesdays from 9:00 – 11:00 a.m. for pre-school age children with their parents or day provider. Mats, balls, and other play equipment are available for use.

**WHO:** Infants, toddlers, and preschoolers.  
**TIME:** 9:00 a.m. - 11:00 a.m.  
**WHEN:** Wednesdays  
**DATE:** October 12 through May 3, 2016  
**WHERE:** Recreation Center Gym  
**FEE:** FREE

## YOUTH ACTIVITIES

### VACATION BREAK DAY CAMPS

Licensed Child Care Programs  
(PRE-REGISTRATION IS REQUIRED FOR DAY CAMPS)

#### SIGN-UPS: MONDAY - FRIDAY

The Day Camps provide youngsters with a well-balanced selection of activities. The camp is staffed by a Director and qualified counselors. Children should bring snacks, lunch, and something to drink. Pre-registration is required. We are a licensed childcare program and can accept state subsidy for eligible children. Please make sure your State paperwork is filled out prior to the start of the program. **ALL DAY CAMP REGISTRATION FORMS/IMMUNIZATION RECORDS AND PAYMENT NEEDS TO BE MADE BY THE START OF DAY CAMP. IF APPLYING FOR SUBSIDY, A SUBSIDY CERTIFICATE WILL NEED TO BE ON FILE BEFORE THE START OF DAY CAMP.** If you have any questions about subsidy, please call 225-8699 and ask for Norma.

**WHO:** Boys and Girls ranging from Kindergarten through 6th grade.  
**TIME:** 7:45 a.m. - 4:45 p.m. (FULL DAY ONLY)  
**WHERE:** Main Street Middle School  
**FEES:** SEE FEE SCHEDULE

### FEBRUARY BREAK DAY CAMP

3550 A, B, C, D, E, F

**DATES:** February 27, 28, March 1, 2, 3, 2017  
**SPECIAL TRIP:** TBA

### SPRING BREAK DAY CAMP

4560 A, B, C, D, E, F

**DATES:** April 17, 18, 19, 20, 21, 2017  
Special Trip: TBA

#### RESIDENT FEES: PER CAMP

\$32.00 PER DAY/FIRST CHILD  
\$25.00 PER DAY/ADDITIONAL CHILDREN  
\$120.00 FOR THE WEEK/FIRST CHILD  
\$105.00 FOR THE WEEK/ADDITIONAL CHILDREN  
(PRE-REGISTERED)

#### NON-RESIDENT FEES: PER CAMP

\$46.00 PER DAY FIRST CHILD OR (PRE-REGISTERED)  
\$35.00 PER DAY ADDITIONAL CHILDREN  
\$160.00 FOR THE WEEK/FIRST CHILD  
\$140.00 FOR THE WEEK/ADDITIONAL CHILDREN

### THE YOUNG MAGICIANS CLUB 3461A

Rob Mernin, founder of Vermont's own CIRCUS SMIRKUS teaches a new February school vacation course in magic! Youngsters experience the "Wow! That is so cool!" reaction from the very first class. This is a week-long beginner course for ages 9-12. The magical material is age appropriate, kid friendly, and presented in a positive, non-competitive environment. No Experience needed only a sense of fun and curiosity for the magical.

Rob teaches the "Discover Magic" curriculum, an innovative national educational program developed by three of the world's foremost magicians presented in Rob inimitable style. Kid get to keep a full magic package worth over \$50 containing custom magic tricks, professional props, magical file folders, secret codes to online tutorials, and tricks up their sleeves.

**WHO:** 9 to 12 year old Boys and Girls  
**WHEN:** February Vacation.  
**DATE:** February 27, 28 March 1, 2, 3.  
**TIME:** 9:00-11:00 a.m.  
**WHERE:** Main Street Middle School Library  
**FEE:** Residents: \$250.00 Non-Residents: \$275.00  
**INSTRUCTOR:** Rob Mermin [www.RobMermin.org](http://www.RobMermin.org)  
Minimum of 8, Maximum of 20 participants.

### COOKING FUN WITH MRD!

Join Family and Consumer Science Teacher/MRD Day Camp Sheila Cleary for the following workshops: Min. 15 youth per group

### HOLIDAY COOKIES 3463A

Bake and decorate yummy cookies from scratch for holiday treats.

**WHO:** Boys & Girls Grades K-5  
**DATE:** Saturday December 17  
**TIME:** 3:00-5:00 p.m.  
**WHERE:** Montpelier Senior Activity Center  
**FEE:** Residents: \$15.00 Non-Residents: \$20.00  
**INSTRUCTOR:** Sheila Cleary  
MINIMUM: 10 MAXIMUM 15

### VALENTINE CUPCAKES 3463B

Make those delicious cupcakes so pretty. Made from scratch ingredients.

**WHO:** Boys & Girls Grades K-5  
**DATE:** Saturday February 11  
**TIME:** 3:00-5:00 p.m.  
**WHERE:** Montpelier Senior Activity Center  
**FEE:** Residents: \$15.00 Non-Residents: \$20.00  
**INSTRUCTOR:** Sheila Cleary  
MINIMUM: 10 MAXIMUM 15

## YOUTH ACTIVITIES

### START SMART BASKETBALL 3595A

This program is available for both Residents and Non-Residents. This 5-week Start Smart Basketball is a developmentally appropriate introductory basketball program for children 3-5 years old. This program introduces children to basketball in a fun environment. Start Smart Basketball prepares children and their parents for organized basketball without the fear of getting hurt. This program is an interactive program with children and their parents. **PARENTS MUST PARTICIPATE.** Please leave other siblings at home unless supervised by another parent.

**WHO:** 3 to 5 year old Boys and Girls

**WHEN:** Tuesdays

**DATE:** January 10 – February 7

**TIME:** 5:00-5:45 p.m.

**WHERE:** Recreation Center

**FEE:** Residents: \$48.00 Non-Residents: \$72.00

**INSTRUCTORS:** Recreation Staff and Volunteers.

Minimum of 8, Maximum of 20 participants.

### FIRST/SECOND GRADE BASKETBALL 3594A

MONTPELIER RESIDENTS ONLY

**WHO:** Boys & Girls in First and Second Grade.

**WHEN:** Saturdays, December 3, through February 4.

**TIME:** 10:15 a.m. to 11:15 p.m.

**WHERE:** The Recreation Center

**FEE:** \$35.00

Volunteer coaches are needed to run this program. If interested please call 225-8699.

### KINDERGARTEN BASKETBALL 3594B

MONTPELIER RESIDENTS ONLY

**WHO:** Boys & Girls in Kindergarten.

**WHEN:** Saturdays, December 3 through February 4.

**TIME:** 9:00 a.m. to 9:45 a.m.

**WHERE:** The Recreation Center

**FEE:** \$35.00

Volunteer coaches are needed to run this program. If interested please call 225-8699.

### TAE KWON DO 3526 A&B

This is an instructional class for those interested in learning the art of Tae Kwon Do. Parents who participate in class with their child will get a discount of 50% off.

**WHO:** Ages 7 to adult.

**WHEN:** Mondays and Thursdays

**DATES:** November 28 – February 27

Skip 12/26, 12/29, 1/2, 1/5 1/9, 1/12, 1/16

**TIME:** **2526-A** 7-8 Years of age

5:30 p.m.-6:30 p.m. -large gym

**2526-B** 9 years – adults

6:30 p.m.- 7:30 p.m.-Mondays-Small gym

Thursdays – Large gym

**WHERE:** Union Elementary School

**FEE:** Residents Child: \$70.00 Parent: \$35.00

Non-Residents Child: \$100.00 Parent: \$50.00

**INSTRUCTOR:** Matthew Girouard- Black Belt in TKD

Minimum: 10 Maximum 20

All participants must purchase AAU insurance through TKD instructor at the cost of \$14.00 per year. This will allow participant to partake in additional TKD competitive events. An additional \$35.00 will be charged for TKD uniform.

### PARENT/CHILD ARCHERY 3425A

Learn how to handle a bow safely and properly shoot at targets at R & L Archery's indoor range.

**WHO:** Parent/child (3rd grade and up)

**WHEN:** Tuesdays

**DATES:** January 10, 17, 24,31

**WHERE:** R & L Archery in Barre

**TIME:** 6:00 p.m. to 7:00 p.m.

**FEE:** \$24.00 per person

**INSTRUCTOR:** R & L Staff

Minimum: 3 Maximum 10

### YOUNG REMBRANDTS DRAWING CLASS 3421A

Ring in the New Year with a Young Rembrandts class for your elementary student. Our budding artists will have the opportunity to flex their creative muscle as they take on fun, artistic challenges like our Jack Russell Terrier and even More Emojis in the month of January. February brings fun and culture into the classroom as our students learn about masquerade and dive into the mind of master artist Romero Britto. And in the month of March, get ready for some dinosaur-sized excitement as your elementary student recreates the ferocious T-Rex Young Rembrandts style! Time to enroll!

**WHO:** K – 5th grades

**WHEN:** Wednesdays for 10 weeks.

**DATE:** January 18 – March 29

No Classes on 3/1 Snow Make Ups 4/5, 4/12 (If Needed)

**TIME:** 2:50-4:20pm

**WHERE:** Union Elementary School- Art Room

**FEE:** Residents: \$135.00 Non-Residents: \$160.00

**INSTRUCTORS:** Young Rembrandts Staff

Minimum: 8 Maximum: 15

### CREATIVE MOTION 3416A

Class includes age-appropriate whole body exercises and introduces the students to the basic elements of dance: space, time and energy.

Individual creativity and appreciation of others is emphasized.

**WHO:** Children Age 5-8

**WHEN:** Monday Afternoons

**DATE:** Free Trial Class January 9th.

Session Classes January 23, February 6, 13, 20

**TIME:** 3:30pm-4:30pm

**WHERE:** Union School Small Gym

**FEE:** Residents: \$36.00 Non-Residents: \$54.00

**INSTRUCTOR:** Mary Chris DeBelina Doyle received her BA from Dartmouth College and her MFA from Sarah Lawrence College. She is a mother of 3 and has taught dance in each state she has lived in for the past 11 years. Excited to be finally settled in Vermont, Mary Chris looks forward to teaching, performing and dance-making in these green mountains.

### SUGARBUSH SUNDAY SKI PROGRAM 3301A

Children ages 8-18 join us for five Sundays at Sugarbush Starting January 8. For more information check our our website or call 225-8699. Registration deadline Friday, December 9th

### YOUTH BASEBALL, SOFTBALL, AND T-BALL PROGRAMS (MONTPELIER RESIDENTS ONLY)

More information to come. Please watch for this information included in our monthly newsletter and website.



*Affordable Hair Styling  
for Men & Children*  
**The Yankee  
Clipper**



*with The Master's Edge*  
100 State Street, Montpelier  
**223-7361**

**HOURS**  
Mon., Tues., Thurs.,  
Fri. & Sat.  
starting at 7AM  
(Closed Wednesdays)

Team Orders      RETAIL - WHOLESALE      Custom Lettering

**THYGESEN SPORTS**

Expert Fitting      51 Smith Street Barre, Vermont      Volume Discount

Sales Rep.  
Chas. Thygesen, Jr.  
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Fax: (802) 479-5307  
Bus. Phone  
479-2105

# RENTING

The Smart Way To Get Things Done.

- ★ Tables & Chairs
- ★ Chafing Dishes
- ★ Coffee Pots
- ★ Extensions & Ladders
- ★ Wallpaper Steamers
- ★ Canopies
- ★ Sheetrock Jacks
- ★ Carpet Cleaners
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## ADULT PROGRAMS

### ADULT CO-ED DODGEBALL LEAGUE 3529A

National Amateur Dodgeball

Association Rules

**WHO:** Adults

**WHEN:** Mondays

**TIME:** 7:00 – 9:00 p.m.

**DATES:** November 7 – December 12

**WHERE:** Union School Gym

**FEE:** \$15.00 per person

\*Teams of 6 with at least 2 women per team

Official NADA rules apply.

\*5 minute games & no stalling allowed

Other rules will be explained.

\*Soft “Gator Skin” dodgeballs used

Teams will be picked each night.

Minimum: 15 Maximum: 30

### ADULT CO-ED DODGE BALL LEAGUE 3529B

National Amateur Dodgeball

Association Rules

**WHO:** Adults

**WHEN:** Mondays

**TIME:** 7:00 – 9:00 p.m.

**DATES:** January 2 – February 13 Skip Jan. 16

**WHERE:** Union School Gym

**FEE:** \$15.00 per person

\*Teams of 6 with at least 2 women per team

Official NADA rules apply.

\*5 minute games & no stalling allowed

\*Other rules will be explained.

\*Soft “Gator Skin” dodge balls used

Teams will be picked each night.

Minimum: 15 Maximum: 30

### TAE KWON DO 3526B

This is an instructional class for those interested in learning the art of Tae Kwon Do. Parents who participate in class with their child will get a discount of 50% off.

**WHO:** Ages 7 to adult.

**WHEN:** Mondays and Thursdays

**DATES:** November 28 – February 27

Skip 12/26, 12/29, 1/2, 1/5 1/9, 1/12, 1/16

**TIME:** **2526-B** 9 years – adults

6:30 p.m. – 7:30 p.m. – Mondays – Small gym

– Thursdays – Large gym

**WHERE:** Union Elementary School

**FEE: RESIDENTS CHILD:** \$70.00 **PARENT:** \$35.00

**NON-RESIDENTS CHILD:** \$100.00 **PARENT:** \$50.00

**INSTRUCTOR:** Matthew Girouard- Black Belt in TKD

Minimum: 10 Maximum 20

All participants must purchase AAU insurance through TKD instructor at the cost of \$14.00 per year. This will allow participant to partake in additional TKD competitive events. An additional \$35.00 will be charged for TKD uniform.

### HATHA YOGA

In this class students learn to make active, conscious use of deep breathing, gravity and balance and through focused, gentle, but thorough stretching to systematically promote the health, energy, strength, and flexibility of every part and every system of the body. The instructor recognizes Yoga as a highly effective tool for stress management while bringing about greater physical and mental fitness as well as deep relaxation. Time is allowed in each session to work on specific problem areas and finding ways to heal them. The Union School small gym is a large quiet room with big windows. Bring your own mat, a favorite quilt, blanket, towel, or sleeping bag for padding. Wear loose, comfortable clothing.

### HATHA YOGA 3442A

**WHO:** Men and Women ages 16 - 80, Beginners and Advanced.

**WHEN:** Tuesdays for 10 weeks.

**DATES:** November 15 – January 31

No Class November 22, December 27

**TIME:** 6:30 - 8:00 p.m.

**WHERE:** Union School-Small Gym

**FEE:** Resident: \$ 90.00 Non-Resident: \$130.00

Minimum: 9 Maximum: 16

**INSTRUCTOR:** Bessie Sandberg

### HIIT KICK

HITT Kick is a high intensity interval training inspired by Tae Kwon Do and Kickboxing combat training. 50 minutes of hitting targets, kicking, punching, plyometrics and floor exercises. Release stress, get fit, be stronger and happier! This class is fast paced and advanced but all levels are welcome.

### SESSION 1: 16 CLASSES-3516A

**WHO:** Adults 18+

**DATES:** January 3 through February 23

**WHEN:** Tuesdays and Thursdays

**WHERE:** Union Elementary School Small Gym

**TIME:** Tuesdays 5:15 pm – 6:15 pm

Thursdays 5:30 pm – 6:30 pm

**FEE:** Resident: \$96.00 Non-Resident: \$144.00

**WALK-INS:** Resident: \$9.00 Non-Resident: \$12.00

### NOONTIME BASKETBALL 2521A

Pre-registration is required during office hours. Sign ups ongoing until filled

**WHO:** Anyone out of High School.

**WHEN:** Mondays - Fridays

Starting October 3 - March 10

Noon to 1:15 p.m.

**WHERE:** Montpelier Recreation Department

**FEE:** Residents: \$80.00 Non-Residents: \$120.00

**WALK-IN:** Resident: \$2.00 Non-Resident: \$3.00

Maximum: 30

### SUNDAY BASKETBALL 2522A

Come play basketball! A great way to exercise and stay healthy this winter. Enjoy a game of basketball on Sunday mornings before you sit back and enjoy the afternoon games with the big leagues.

**WHO:** 18 years and older

**WHEN:** Sundays

October 9 through April 16, 2016

NO Basketball December 25, 2016 or January 1, 2017

10:00am – 12:00pm

**WHERE:** Montpelier High School Gym

**FEE:** Residents: \$50.00 Non-Residents: \$75.00

**WALK-IN FEE:** Residents: \$2.00 Non-Residents: \$3.00

## ADULT PROGRAMS

### FITNESS HOOPING

De Stress and get fit after the holidays and try a new Fitness Class with Carol Becker, Physical Therapist and a Certified Body Hoop instructor. Carol uses large 2 lb "Hula" Hoops for a fun, rejuvenating, Head-to-Toe work out. If you don't think that you can "Hula" hoop, don't worry. Carol will teach you. Check it out at [www.fitnesshooping.com](http://www.fitnesshooping.com)

### FITNESS HOOPING

#### WINTER MINI SESSION 1 – 3509A

**WHO:** Adults Men and Women  
**WHEN:** Thursday Evenings  
**DATES:** January 5, 12, 19, 26  
**TIME:** 7:00 pm – 8:00 pm  
**WHERE:** Montpelier Recreation Department  
**FEE:** Resident: \$32.00 Non- Resident: \$46.00  
**WALKINS WELCOME** Resident: \$9 Non-Resident: \$12  
Minimum: 6 Participants Maximum: 12 Participant

### FITNESS HOOPING

#### WINTER MINI SESSION 2 – 3509B

**WHO:** Adults Men and Women  
**WHEN:** Thursday Evenings  
**DATES:** February 2, 9, 16, 23  
**TIME:** 7:00 pm – 8:00 pm  
**WHERE:** Montpelier Recreation Department  
**FEE:** Resident: \$32.00 Non- Resident: \$46.00  
Walkins Welcome Resident: \$9 Non-Resident: \$12  
Minimum: 6 Participants Maximum: 12 Participants

### FITNESS HOOPING

#### WINTER MINI SESSIONS 1 & 2 – 3509C

8 – weeks- take all 8 weeks of class and receive a discount on your participant fee!

**WHO:** Adults Men and Women  
**WHEN:** Thursday Evenings  
**DATES:** January 5, 12, 19, 26 February 2, 9, 16, 23  
**TIME:** 7:00 pm – 8:00 pm  
**WHERE:** Montpelier Recreation Department  
**FEE:** Resident: \$54.00 Non- Resident: \$82.00  
Min. 6 Participants

### ADULT WATERCOLORS - BEGINNERS TO ADVANCED 3409A

In this six-week course you will learn how watercolor can be a fun, exciting, and challenging medium. You will learn a few basic drawing techniques to assist you in the development of your paintings. You will work with composition, value, light, and color as a few components in creating your work. You will explore and experiment with watercolor techniques that will bring life to your work. Please bring photos and/or drawings and sketches as studies for your paintings. Please join us for fun and enjoyment with watercolor.

**WHEN:** Wednesday evenings  
**TIME:** 6:30 – 8:30  
**DATES:** January 4 through February 8  
**WHERE:** Union School Art Room  
**FEE:** Resident: \$100.00 for six sessions  
Non-Resident: \$140.00 for six sessions

**MATERIALS:** Contact instructor through the Recreation Department 225-8699

**INSTRUCTOR:** Terry Hodgdon - Art Teacher for thirty-three years  
Minimum: 4 Maximum: 10

### ANY BODY DANCE 3417A

Class includes a gentle warm-up in chairs emphasizing core strength and builds to standing, full-body movement. All parts of this class can be adapted for any ability, any BODY.

**WHO:** Suggested 50+ open to all  
**WHEN:** Tuesday Nights  
**DATE:** Free Trial Class January 10th  
January 17 – February 17

**TIME:** 7:00pm-8:30pm  
**WHERE:** Montpelier Senior Activity Center  
**FEE:** Resident \$48.00 Non Resident 72.00

**INSTRUCTOR:** Mary Chris DeBelina Doyle received her BA from Dartmouth College and her MFA from Sarah Lawrence College. She is a mother of 3 and has taught dance in each state she has lived in for the past 11 years. Excited to be finally settled in Vermont, Mary Chris looks forward to teaching, performing and dance-making in these green mountains.

### THE ONION RIVER EXCHANGE BANK (ORE)

The Onion River Exchange is a network of the skills and talents of our community. Through the exchange of time instead of money: Meet daily needs, get help with child care, cooked meals, sewing help, pet help, health & wellness resources, find rides for errands or a run to the airport, borrow a truck, find enrichment opportunities: learn knitting, piano, art lessons, get computer help, have access to our Tool Library of over 100 tools, and so much more.

For information go to: <http://www.orexchange.org/>, call: 802.661-8959 or drop by at 46 Barre St. in the CAL Building (next to MSAC) T, W, TH 9 to 4.

**WHO:** Individuals, families, organizations  
**AGES:** All Ages  
**WHEN:** Office open T, W, Th, 9-4  
**WHERE:** 46 Barre, St. in the CAL building  
**ANNUAL MEMBERSHIP:**  
\$25. single | \$40. family | \$100. Organizations

## WINTER RED CROSS SAFETY CLASSES

### CPR RECERTIFICATION ADULT & PEDIATRIC 3438A

Card must not be expired  
**DATE:** Sunday December 11th  
**WHERE:** Conference Room #1 Central Vermont Hospital  
**TIME:** 1:00pm-4:00pm  
**FEE:** 40.00 Per Person

### PEDIATRIC CPR/AED 3436A

**DATE:** Sunday January 8th  
**WHERE:** Conference Room #1 Central Vermont Hospital  
**TIME:** 1:00pm-4:00pm  
**FEE:** 60.00 Per Person

### FIRST AID ADULT & PEDIATRIC 3437A

**DATE:** Sunday January 22nd  
**WHERE:** Conference Room #1 Central Vermont Hospital  
**TIME:** 1:00pm-4:00pm  
**FEE:** 50.00 Per Person

### ADULT CPR/AED 3439A

**DATE:** Sunday February 5th  
**WHERE:** Conference Room #1 Central Vermont Hospital  
**TIME:** 1:00pm-4:00pm  
**FEE:** 60.00 Per Person

## SPRING PROGRAMS - YOUTH ACTIVITIES

### GIRLS ON THE RUN 4314-A & B

Girls on the Run Vermont is a non-profit organization whose mission is to educate and prepare girls for a lifetime of self-respect and healthy living.

This is a 10-week program with a curriculum that utilizes the power of running to provide girls the tools to celebrate themselves, honor their voices, and recognize their gifts. They will have fun and make friends with other girls while exercising, sharing experiences and challenging themselves to be physically and mentally stronger. Volunteer coaches needed by January 27, 2017

**REGISTRATION:** Participants must sign up in advance. At this time there are only 15 slots available for this program. (15 girls per 2 coaches.)

Registration starts February 13, 2017.

### GIRLS ON THE RUN – ELEMENTARY 4314A

**WHO:** Girls in 3rd, 4th and 5th grade

**WHEN:** TBA – Practices scheduled at the coach's discretion

**DATES:** March 20 – June 2

**TIME:** 3:00- 4:00 pm

**WHERE:** Union School Playground- Gym for bad weather

**FEE:** \$80.00 – Make check out to Girls on the Run VT.

Scholarships are available through the Girls on the Run organization.

Ask the Recreation Department for an application.

**COACHES:** Volunteers: TBA

### HEART & SOLE – MIDDLE SCHOOL 4314B

Formally known as Girls On Track

At this time there is strictly only 15 slots available, please be sure to sign up early to avoid disappointment.

Registration must be done at the Recreation Department.

**NO MAIL IN REGISTRATIONS.** Thank You.

At the end of the 10-week program, the girls will participate in a 5k run/walk event with girls from around Vermont that have participated in the program. June 4th Essex Junction.

Please send girls to each practice with appropriate clothing, shoes, snacks and water.

**WHO:** Girls in 6th, 7th and 8th grade

**WHEN:** TBA – Practices scheduled at the coach's discretion

**DATES:** March 20 – June 2

**TIME:** 3:00- 4:00 pm

**WHERE:** Main Street Middle School

**FEE:** \$80.00 – Make check out to Girls on the Run VT.

Scholarships are available through the Girls on the Run organization.

Ask the Recreation Department for an application.

**COACHES:** Volunteers: TBA

### SPRING COOKIES:

Bake and decorate yummy cookies from scratch for holiday treats.

**WHO:** Boys & Girls Grades K-5

**DATE:** Saturday April 15

**TIME:** 3:00-5:00 p.m.

**WHERE:** Montpelier Senior Activity Center

**FEE:** Residents: \$15.00 Non-Residents: \$20.00

**INSTRUCTOR:** Sheila Cleary

Minimum: 10 Maximum: 15

### TAE KWON DO 4527 A & B

This is an instructional class for those interested in learning the art of Tae Kwon Do. Parents who participate in class with their child will get a discount of 50% off.

**WHO:** Ages 7 to adult.

**WHEN:** Mondays and Thursdays

**DATES:** March 13 – May 25 Skip 4/17 and 4/20

**TIME:** **4527-A** 7 -8 Years of age  
5:30 p.m.-6:30 p.m. -large gym

**4527-B** 9 years – adults  
6:30 p.m.-7:30 p.m.-Mondays Small gym  
-Thursdays Large gym

**WHERE:** Union Elementary School

**FEE:** Residents Child: \$70.00 Adult: \$35.00

Non-Residents Child: \$100.00 Adult: \$50.00

**INSTRUCTOR:** Matthew Girouard- Black Belt in TKD

Minimum: 10 Maximum 20

All participants must purchase AAU insurance through TKD instructor at the cost of \$14.00 per year. This will allow participant to partake in additional TKD competitive events. An additional \$35.00 will be charged for TKD uniform.

### SPRING CARTOONING YOUNG REMBRANDTS 4421A

There's no better way to get a jump on spring than with our fun Young Rembrandts cartoon class. Hop into the month of April with our funny frogs drawings. These drawing will delight our students as they learn how to tell jokes through drawing. Your heart will smile when you see the cute and cuddly creatures your student will draw in our baby animals and vintage phone lessons. And it doesn't stop there; our lively cartoon class is packed with hilarious and silly characters and scenes – all new this season, sign up today!

**WHO:** K – 5th grades

**WHEN:** Wednesday for six weeks

**DATE:** April 26 – May 31

**TIME:** 2:50-4:20 p.m.

**WHERE:** Union Elementary School- Art Room

**FEE:** Residents:\$81.00 Non-Residents: \$101.00

**INSTRUCTORS:** Young Rembrandts Staff

Minimum: 8 Maximum: 15

### PARENT/CHILD ARCHERY 4425A

Learn how to handle a bow safely and a properly shoot at targets at R & L Archery's indoor range.

**WHO:** Parent/child (3rd grade and up)

**WHEN:** Tuesdays

**DATES:** March 14, 21, 28 & April 4

**WHERE:** R & L Archery in Barre

**TIME:** 6:00 p.m. to 7:00 p.m.

**FEE:** \$24.00 per person

**INSTRUCTOR:** R & L Staff

Minimum 3 Maximum 8

### CREATIVE MOTION 4401A

Class includes age-appropriate whole body exercises and introduces the students to the basic elements of dance: space, time and energy. Individual creativity and appreciation of others is emphasized.

**WHO:** Children Age 5-8

**WHEN:** Monday Afternoons

**DATE:** March 13 – April 10

**TIME:** 3:30pm-4:30pm

**WHERE:** Union School Small Gym

**FEE:** Residents:\$45.00 Non-Residents: \$67.50

**INSTRUCTOR:** Mary Chris DeBelina Doyle received her BA from Dartmouth College and her MFA from Sarah Lawrence College. She is a mother of 3 and has taught dance in each state she has lived in for the past 11 years. Excited to be finally settled in Vermont, Mary Chris looks forward to teaching, performing and dance-making in these green mountains.

## SPRING PROGRAMS - YOUTH ACTIVITIES

### MEDITATION FOR HAPPINESS, KIDS STYLE! 4405A

There are lots of cool and interesting ways to meditate and practice mindfulness. You'll learn lots of different ways to deal with tough situations and make your brain happier. Kids who meditate can get better grades, get in trouble less frequently, and can focus more on what they want to excel at, from art to sports. Each week, you'll practice a couple of different ways to meditate, so you can pick what you like the best.

**WHO:** Children Grades 4-8

**WHEN:** Tuesday Afternoons

**DATE:** March 14 - April 4

**TIME:** 3:00pm-4:00pm

**WHERE:** Main Street Middle School

**FEE:** Resident: \$30.00 Non Resident: \$45.00

**INSTRUCTOR:** Ginny Sassaman

Minimum: 5 Maximum: 15

### VERMONT TENNIS ACADEMY -YOUTH LESSONS

#### SPRING TENNIS 4320-A

**DIRECTOR:** Scott Barker

The Vermont Tennis Academy is designed to help beginners to advanced players reach their maximum potential in a very short period of time. The Academy offers low and high performance tennis training for all ages and abilities. Scott's experience as a tennis professional includes teaching beginners, intermediates and advanced players as well as high school, college and professional level players. Scott has won over 60 combined singles and doubles tournaments and has worked with former world champions John McEnroe, Jimmy Connors, Bjorn Borg and Stan Smith.

\* All participants will be divided into groups by age and skill level.

\* The Academy offers match play statistics, ball speed clinics, as well as match strategy.

\*Check back this Spring for more information and dates.

**TENNIS RENTAL FEE:** Starting in the spring of 2016 the Recreation Department will require an annual one time Tennis Rental Fee of \$8.00 per participant. This fee is associated with the cost of utilizing First In Fitness when inclement weather occurs. This charge (per family member) will be added to your household the first time you or your family members enroll in tennis in 2016.

This fee is non-negotiable, non-refundable and will not be pro-rated.



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## SPRING ADULT PROGRAMS

### TAE KWON DO 4527B

This is an instructional class for those interested in learning the art of Tae Kwon Do. Parents who participate in class with their child will get a discount of 50% off.

**WHO:** Ages 7 to adult.

**WHEN:** Mondays and Thursdays

**DATES:** March 13 – May 25 Skip 4/17 and 4/20

**TIME:** 4527-B 9 years – adults

6:30 p.m.-7:30 p.m.-Mondays Small gym

-Thursdays Large gym

**WHERE:** Union Elementary School

**FEE:** Residents Child: \$70.00 Adult: \$35.00

Non-Residents Child: \$100.00 Adult: \$50.00

**INSTRUCTOR:** Matthew Girouard- Black Belt in TKD

Minimum: 10 Maximum 20

All participants must purchase AAU insurance through TKD instructor at the cost of \$14.00 per year. This will allow participant to partake in additional TKD competitive events. An additional \$35.00 will be charged for TKD uniform.

### HIIT KICK

HITT Kick is a high intensity interval training inspired in Tae Kwon Do and Kickboxing combat training. 50 minutes of hitting targets, kicking, punching, plyometrics and floor exercises. Release stress, get fit, be stronger and happier! This class is fast paced and advanced but all levels are welcome.

**SESSION 1:** 12 classes-4528-A

**WHO:** Adults 18+

**DATES:** March 9 – April 27 Skip April 6, 18, 20

**WHEN:** Tuesdays and Thursdays

**WHERE:** Union Elementary School Small Gym

**TIME:** Tuesdays 5:15 pm – 6:15 pm

Thursdays 5:30 pm – 6:30 pm

**FEE:** Resident: \$72.00 Non-Resident: \$108.00

**WALK-INS:** Resident: \$9.00 Non-Resident: \$12.00

**SESSION 2:** 14 classes-4528B

**WHO:** Adults 18+

**DATES:** May 2 – June 15

**WHEN:** Tuesdays and Thursdays

**WHERE:** Union Elementary School Small Gym

**TIME:** Tuesdays 5:15 pm – 6:15 pm

Thursdays 5:30 pm – 6:30 pm

**FEE:** Resident: \$84.00 Non-Resident: \$126.00

**WALK-INS:** Resident: \$9.00 Non-Resident: \$12.00

### FITNESS HOOPING

De Stress and get fit after the holidays and try a new Fitness Class with Carol Becker, Physical Therapist and a Certified Body Hoop instructor. Carol uses large 2 lb “Hula” Hoops for a fun, rejuvenating, Head-to-Toe work out. If you don’t think that you can “Hula” hoop, don’t worry. Carol will teach you. Check it out at [www.fitnesshooping.com](http://www.fitnesshooping.com)

### FITNESS HOOPING

#### SPRING SESSION 4514A

**WHO:** Adults Men and Women

**WHEN:** Thursday Evenings

**DATES:** March 9, 16, 23, 30, April 6, 13 No Class on February 25

**TIME:** 7:00 pm – 8:00 pm

**WHERE:** Montpelier Recreation Department

**FEE:** Resident: \$54.00 Non-Resident: \$82.00

Min. 6 Participants

### ADULT DRAWING CLASSES- BEGINNERS TO ADVANCED 4409A

Drawing class will consist of learning various drawing techniques – gesture drawing, contour line drawing, etc. Value studies will be developed through the use of a number of shading techniques. Perspective drawings will also be incorporated in the work. The works of the masters will be used during class. Still life objects will be brought in for our drawing studies. Bring in any photographs or drawings to class. Beginners to advance.

#### MATERIALS LIST:

Drawing Pad: medium 14”x17” suitable for pencil, ink, charcoal, wet medium

Drawing Pencils: 6B, 2B, H, 2H and 6H

Eraser: Kneaded eraser and a hard eraser

Ruler

**WHEN:** Wednesday evenings

**TIME:** 6:30 – 8:30

**DATES:** March 8 – April 12

**WHERE:** Union School Art Room

**FEE:** Resident: \$100.00 for six sessions

Non-Resident: \$140.00 for six sessions

**INSTRUCTOR:** Terry Hodgdon - Art Teacher for thirty-three years

Minimum: 4 Maximum: 10

### DISCOVER THE JOY OF BALLROOM DANCING

6 Week dance Sessions with with Dance Instructors Samir & Eleni Elabd.

### WALTZ & FOXTROT 4535A

**WHEN:** Tuesday evenings

**TIME:** 6:00 – 7:00

**DATES:** April 25 – May 30

**WHERE:** Union School

**FEE:** Residents: 72.00 per Person, 135.00 per couple

Non-Residents: 85.00 per person, 162.00 per couple

Minimum: 16 Maximum: 32

### RUMBA & SWING 4535B

**WHEN:** Tuesday evenings

**TIME:** 7:00 – 8:00

**DATES:** April 25 – May 30

**WHERE:** Union School

**FEE:** Residents: 72.00 per Person, 135.00 per couple

Non-Residents: 85.00 per person, 162.00 per couple

Minimum: 16 Maximum: 32

### ANY BODY DANCE 4417A

Class includes a gentle warm-up in chairs emphasizing core strength and builds to standing, full-body movement. All parts of this class can be adapted for any ability, any BODY.

**WHO:** Suggested 50+ open to all

**WHEN:** Tuesday Nights

**DATE:** March 14 – April 11

**TIME:** 7:00pm-8:30pm

**WHERE:** Montpelier Senior Activity Center

**FEE:** Resident \$60.00 Non Resident 90.00

**INSTRUCTOR:** Mary Chris DeBelina Doyle received her BA from Dartmouth College and her MFA from Sarah Lawrence College. She is a mother of 3 and has taught dance in each state she has lived in for the past 11 years. Excited to be finally settled in Vermont, Mary Chris looks forward to teaching, performing and dance-making in these green mountains.

## SPRING ADULT PROGRAMS

### DRAWING FOR THE TERRIFIED 4410A

These classes are for beginners as well as those with some drawing experience who feel they might benefit from more instruction. They are based on the premise that drawing can be an acquired skill, not just a talent, and that most can learn how to draw if they spend the time and energy needed. Since drawing is foundational for representational painting, those who paint in watercolor and oil can also profit by taking these classes. Some of the topics to be covered are: Drawing to Learn, Materials used in drawing, Learning to see, Learning about graphite, charcoal and inks, Perspective, Creating 3D Volume on a 2D page, Defining form with light and Composition. The classes are a collaborative learning experience and will include individual assistance from the instructor, as well as class critiques. Come prepared to draw, share your work and have a good time!

**WHO:** Adults

**WHEN:** Tuesday Evenings

**TIME:** 5:30pm-8:00pm

**DATES:** May 2, 9, 16 & 23.

**WHERE:** T. W. Wood Gallery, 46 Barre St Montpelier

**FEE:** \$130.00

**INSTRUCTOR:** Michael Strauss UVM Professor emeritus and author Michael Strauss began his artistic life drawing the crystals, shells, plants and insects he collected from around his home and from the landscape he explored along the coast and in the Sierras. Michael continues to draw, paint and take photographs of the things that interest him most, the people and places here in Vermont and in his travels around the world. His artwork has been exhibited across Vermont. [mjstruass.com](http://mjstruass.com)

### VERMONT TENNIS ACADEMY

#### ADULT LESSONS

#### SPRING TENNIS 4320A

**DIRECTOR:** Scott Barker

The Vermont Tennis Academy is designed to help beginners to advanced players reach their maximum potential in a very short period of time. The Academy offers low and high performance tennis training for all ages and abilities. Scott's experience as a tennis professional includes teaching beginners, intermediates and advanced players as well as high school, college and professional level players. Scott has won over 60 combined singles and doubles tournaments and has worked with former world champions John McEnroe, Jimmy Connors, Bjorn Borg, and Stan Smith.

\* The Academy offers match play statistics, ball speed clinics, as well as match strategy.

\*Check our website or newsletters this spring for Dates!

**TENNIS RENTAL FEE:** Starting in the spring of 2016 the Recreation Department will require an annual one time Tennis Rental Fee of \$8.00 per participant. This fee is associated with the cost of utilizing First In Fitness when inclement weather occurs. This charge (per family member) will be added to your household the first time you or your family members enroll in tennis in 2016.

This fee is non-negotiable, non-refundable and will not be pro-rated.



## VERMONT MUTUAL INSURANCE GROUP

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## UPCOMING PROGRAMS AND SPECIAL EVENTS

### ASEP COACHING CLINIC

(ASEP) American Sport Education Program

For new and experienced coaches, the American Sports Education Program, a part of the National Youth Sports Coaches Association, offers a three hour training program, which includes a paperback book, filled with information on the sport you are going to coach. Topics include coaching responsibilities, philosophy, communication, comparing teaching and coaching, season planning, and more.

NOTE: Montpelier Coaches are requested to attend this Clinic.

Pre-Registration is required.

**WHO:** To all area youth Coaches

**WHEN:** April 5, 2017

**TIME:** 6:00 p.m. to 9:00 p.m.

**WHERE:** Montpelier High School

**FEE:** \$15.00 (Montpelier Coaches' fees paid by Recreation Department)

**MONTPELIER COACHES** can pre-register by calling 225-8699.  
(Pre-registration is required for this class.)

### ELKS HOOP SHOOT CONTEST

**WHO:** Ages 8 through 13, as of April 1, 2016.  
BOYS AND GIRLS Residents and Non-Residents

**WHEN:** TBA

**TIME:** TBA

**WHERE:** MSMS Gym

**FEE:** NONE

PRE-REGISTRATION IS REQUIRED.

For more information, please contact:

The Montpelier Elks Lodge 223-2600 or the Montpelier Recreation Department 225-8699

There will be trophies for the top three in each age group boys and girls.

## OPEN TO ALL FAMILIES

### EGG HUNT 3606-A

**WHEN:** Saturday, April 15, 2016

**WHERE:** Hubbard Park

**TIME:** Arrive by 9:45, Starts 10:00 am sharp.

**WHO:** 12 years and under.

**FEE:** None

### POOL PASS DISCOUNT DAY!

Join us for our Fourth Annual Open House. Get 10% off all summer pool passes! Please bring a food item for the Montpelier food shelf.

**WHEN:** Wednesday, May 10, 2017

**WHERE:** Montpelier Recreation Department

**TIME:** 8:00 AM – 6:15 PM

**WHO:** All Families

**FEE:** Free

## SPRING RED CROSS SAFETY CLASSES

### CPR RECERTIFICATION

#### ADULT & PEDIATRIC 4411A

Card must not be expired

**DATE:** Sunday February 19th

**WHERE:** Conference Room #1 Central Vermont Hospital

**TIME:** 1:00pm-4:00pm

**FEE:** \$40.00 Per Person

#### PEDIATRIC CPR/AED 4412A

**DATE:** Sunday March 26th

**WHERE:** Conference Room #1 Central Vermont Hospital

**TIME:** 1:00pm-4:00pm

**FEE:** \$60.00 Per Person

#### FIRST AID ADULT & PEDIATRIC 4413A

**DATE:** Sunday April 9th

**WHERE:** Conference Room #1 Central Vermont Hospital

**TIME:** 1:00pm-4:00pm

**FEE:** \$50.00 Per Person

### ADULT CPR/AED 4414A

**DATE:** Sunday May 14th

**WHERE:** Conference Room #1 Central Vermont Hospital

**TIME:** 1:00pm-4:00pm

**FEE:** \$60.00 Per Person

### BABY SITTING 4404A

**DATE:** Sunday March 5th

**WHERE:** Conference Room #1 Central Vermont Hospital

**TIME:** 9:00am-4:00pm

**FEE:** \$85.00 Per Person

## PRE-SCHOOL PROGRAMS

### LITTLE SPROUTS OPEN GYM

The Gym is available on Wednesdays from 9:00 – 11:00 a.m. for pre-school age children with their parents or day provider. Mats, balls, and other play equipment are available for use.

**WHO:** Infants, toddlers, and preschoolers.

**TIME:** 9:00 a.m. - 11:00 a.m.

**WHEN:** Wednesdays

**DATE:** October 12 through May 3, 2016

**WHERE:** Recreation Center Gym

**FEE:** FREE

## YOUTH ACTIVITIES

### VACATION BREAK DAY CAMPS

Licensed Child Care Programs

(PRE-REGISTRATION IS REQUIRED FOR DAY CAMPS)

**SIGN-UPS:** MONDAY - FRIDAY

The Day Camps provide youngsters with a well-balanced selection of activities. The camp is staffed by a Director and qualified counselors. Children should bring snacks, lunch, and something to drink. Pre-registration is required. We are a licensed childcare program and can accept state subsidy for eligible children. Please make sure your State paperwork is filled out prior to the start of the program. **ALL DAY CAMP REGISTRATION FORMS/IMMUNIZATION RECORDS AND PAYMENT NEEDS TO BE MADE BY THE START OF DAY CAMP. IF APPLYING FOR SUBSIDY, A SUBSIDY CERTIFICATE WILL NEED TO BE ON FILE BEFORE THE START OF DAY CAMP.** If you have any questions about subsidy, please call 225-8699 and ask for Norma.

**WHO:** Boys and Girls ranging from Kindergarten through 6th grade.

**TIME:** 7:45 a.m. - 4:45 p.m. (FULL DAY ONLY)

**WHERE:** Main Street Middle School

**FEES:** SEE FEE SCHEDULE

### FEBRUARY BREAK DAY CAMP

3550 A, B, C, D, E, F

**DATES:** February 27, 28, March 1, 2, 3, 2017

**SPECIAL TRIP:** TBA

### SPRING BREAK DAY CAMP

4560 A, B, C, D, E, F

**DATES:** April 17, 18, 19, 20, 21, 2017

Special Trip: TBA

**RESIDENT FEES: PER CAMP**

\$32.00 PER DAY/FIRST CHILD

\$25.00 PER DAY/ADDITIONAL CHILDREN

\$120.00 FOR THE WEEK/FIRST CHILD

\$105.00 FOR THE WEEK/ADDITIONAL CHILDREN (PRE-REGISTERED)

**NON-RESIDENT FEES: PER CAMP**

\$46.00 PER DAY FIRST CHILD OR (PRE-REGISTERED)

\$35.00 PER DAY ADDITIONAL CHILDREN

\$160.00 FOR THE WEEK/FIRST CHILD

\$140.00 FOR THE WEEK/ADDITIONAL CHILDREN

### THE YOUNG MAGICIANS CLUB 3461A

Rob Mermin, founder of Vermont's own CIRCUS SMIRKUS teaches a new February school vacation course in magic! Youngsters experience the "Wow! That is so cool!" reaction from the very first class. This is a week-long beginner course for ages 9-12. The magical material is age appropriate, kid friendly, and presented in a positive, non-competitive environment. No Experience needed only a sense of fun and curiosity for the magical.

Rob teaches the "Discover Magic" curriculum, an innovative national educational program developed by three of the world's foremost magicians presented in Rob inimitable style. Kid get to keep a full magic package worth over \$50 containing custom magic tricks, professional props, magical file folders, secret codes to online tutorials, and tricks up their sleeves.

**WHO:** 9 to 12 year old Boys and Girls

**WHEN:** February Vacation.

**DATE:** February 27, 28 March 1, 2, 3.

**TIME:** 9:00-11:00 a.m.

**WHERE:** Main Street Middle School Library

**FEE:** Residents: \$250.00 Non-Residents: \$275.00

**INSTRUCTOR:** Rob Mermin [www.RobMermin.org](http://www.RobMermin.org)

Minimum of 8, Maximum of 20 participants.

### COOKING FUN WITH MRD!

Join Family and Consumer Science Teacher/MRD Day Camp Sheila Cleary for the following workshops: Min. 15 youth per group

### HOLIDAY COOKIES 3463A

Bake and decorate yummy cookies from scratch for holiday treats.

**WHO:** Boys & Girls Grades K-5

**DATE:** Saturday December 17

**TIME:** 3:00-5:00 p.m.

**WHERE:** Montpelier Senior Activity Center

**FEE:** Residents: \$15.00 Non-Residents: \$20.00

**INSTRUCTOR:** Sheila Cleary

Minimum: 10 Maximum 15

### VALENTINE CUPCAKES 3463B

Make those delicious cupcakes so pretty.

Made from scratch ingredients.

**WHO:** Boys & Girls Grades K-5

**DATE:** Saturday February 11

**TIME:** 3:00-5:00 p.m.

**WHERE:** Montpelier Senior Activity Center

**FEE:** Residents: \$15.00 Non-Residents: \$20.00

**INSTRUCTOR:** Sheila Cleary

Minimum: 10 Maximum 15

# MONTPELIER SENIOR ACTIVITY CENTER

802-223-2518 WWW.MONTPELIER-VT.ORG/MSAC

**JOIN US FOR AN OPEN HOUSE ON  
MONDAY, NOVEMBER 28 FROM 5-7PM  
TO ENJOY REFRESHMENTS AND  
LEARN MORE ABOUT THE  
SENIOR ACTIVITY CENTER!**

## **YOUR CENTER FOR AN ACTIVE LIFE**

The Montpelier Senior Activity Center (MSAC) is a vibrant gathering place for healthy aging, lifelong learning, and delicious meals. We are an active community, and there's always something to do, no matter your interest. Plus, thanks to generous support from local taxpayers and donors, all our programs are incredibly affordable.

MSAC, a department of the City of Montpelier, serves more than 1,000 local residents aged 50 or older. That's right, you only need to be 50 to join as a member, and many of our activities are open to all!

## **IF YOU LOVE LEARNING, YOU'LL LOVE MSAC – WINTER CLASS REGISTRATION BEGINS NOVEMBER 28**

This winter, the Montpelier Senior Activity Center will offer dozens of weekly classes. Our classes are very affordable (starting at just \$1.66 per week) and many are taught by professionals in their field.

Some of our great classes include:

- French for Travelers
- Writing
- Singing Songs of the 50s and 60s
- Yoga (all levels)
- Dance to Fitness
- Much, much more!

Most of our classes are open only to members (ages 50+ are welcome to join!), but several are open to people of any age. You don't need to be a member to learn to play guitar, rock out to songs of the 50s and 60s, learn a new language, appreciate chamber music, or watch films of Thatcher's England. These classes and many more are open to individuals of all ages. Visit [www.montpelier-vt.org/msac](http://www.montpelier-vt.org/msac) to learn more about classes open to the public.



**essential**  
physical therapy & pilates  
Transform your core.

[www.essentialptp.com](http://www.essentialptp.com) 81 River Street, Montpelier, VT (802) 262-1500

Winter class registration begins on November 28, and classes fill quickly, so don't miss out! Visit [www.montpelier-vt.org/msac](http://www.montpelier-vt.org/msac) to view our full class list and sign up online, or stop by at 58 Barre Street to learn more.

## **IF YOU LOVE VISITING NEW PLACES, YOU'LL LOVE MSAC!**

We offer fun and enriching trips in Vermont and beyond! Along with other members, you can see sights as close to home as the Barre Town Forest, and as distant as Quebec and Italy. Or we'll transport you in our van to nearby museums, and theater and opera performances. In spring 2017, join us for a spectacular trip to China!

## **IF YOU LOVE ENGAGING EVENTS, YOU'LL LOVE MSAC!**

In addition to our classes, we also offer lots of lectures, presentations, activities, meals, and groups that are open to all seniors at no or low cost. From films, Osher Lifelong Learning Lectures and presentations by financial planners and health professionals, to concerts, travel talks and art shows, there's an eclectic mix of activities offered at MSAC. In fact, during the average week, we have more than 30 hours of free programming.

## **IF YOU LOVE DELICIOUS FOOD, YOU'LL LOVE MSAC!**

Join us for a FEAST Together community meal or enjoy a meal delivered to your home. Our NECI-trained chef prepares meals far beyond the ordinary. Last week, we enjoyed seared salmon over saffron rice with sautéed local corn and greens. Join us for our FEAST Together community meals on Tuesdays and Fridays from 12-1pm. Reservations strongly suggested to 262-6288. Meals are \$7 for those under 60, or a suggested \$5 donation for those 60+. Can't make it to us? Our FEAST at Home meals come to you. We deliver meals designed for your individual nutritional needs through our FEAST at Home program. We deliver in Montpelier & Berlin. Contact 262-6288 for more information.

## **IF YOU LOVE LIVING LIFE TO THE FULLEST, YOU'LL LOVE MSAC!**

If you're 50 or older, we'd love to welcome you as a member of the Montpelier Senior Activity Center!

Membership begins at just \$15/year for Montpelier residents, and is open to residents of any town. Membership gives you access to dozens of classes, diverse events, fun trips, member benefits, and a vibrant community of friends! 85% of participants say that being a part of MSAC makes them feel healthier!

"MSAC does an excellent job providing a wide variety of activities for the community," said one MSAC member. "We are very fortunate to have this resource at such an affordable cost to the members."

Stop by for a tour at 58 Barre Street or call us at 223-2518 to learn more. We'd love to show you why we're anything but your typical senior center.

REGISTRATION/FAMILY INFORMATION FORM

PRIMARY GUARDIAN

SECONDARY GUARDIAN

First Name \_\_\_\_\_

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Person's Name \_\_\_\_\_

Person's Name \_\_\_\_\_

Insurance Company \_\_\_\_\_

Child's Doctor \_\_\_\_\_ Phone Number \_\_\_\_\_

FAMILY MEMBER

First Name \_\_\_\_\_ Age \_\_\_\_\_ Nick Name \_\_\_\_\_

Last Name \_\_\_\_\_ Birthday \_\_\_\_\_

Gender \_\_\_\_\_ Grade \_\_\_\_\_ Shirt Size \_\_\_\_\_

Allergies \_\_\_\_\_

Medications \_\_\_\_\_

ACTIVITY AND SECTIONS

Activity	Section	Description	Fees
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Method of Payment \_\_\_\_\_ Check # \_\_\_\_\_ Total Fees \_\_\_\_\_

I assume all risks and hazards incidental to such participation, including transportation to and from activity, and I hereby waive, release, absolve, indemnify, and agree to hold harmless the City of Montpelier, the Montpelier Recreation Department, the Montpelier Public School System, their officers, agents, officials, employees and volunteers, the organizers, sponsors, supervisors and participants for any acclaim arising out of an injury to my child or myself.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

# Buying a car this week?

Check Out Hundreds of New And  
Used Car Specials From Local Dealers.



***AUTOS802.com***



Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
A	Keep Montpelier Affordable for residents	Adopt budget within resources available	Set funding levels and priorities	
		Keep tax rates and user fees sustainable	Establish long term sustainability target	
		Increase Grand List	Approve and Implement EDSP	*Final EDSP for approval *Proposed updated tax stabilization policy for approval *Other deliverables based on recommendations
		Maintain a variety of housing choices	Prepare housing strategies plan	*Draft plan outlining various options and strategies for adding housing in Montpelier *Housing Plan as part of Master Plan
		Seek new revenue sources	Implement local options tax	*Ordinance or resolution to authorize tax
			Implement user fees in budget	*Rate resolution for new items
		*Develop MSAC endowment/estate planning outreach plan based on consultation with CS team and other stakeholders		

Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
B	Maintain excellent services	Develop high performing organization	Promote Leadership Values and Philosophy	
		Meet organizational needs	Build HR capacity	*Improved human resources practices (annual evaluations, streamlined hiring processes, increased training)
			Update Personnel Plan	*Updated Personnel Plan
			Work toward MSAC Accreditation	*National Peer review site visit completed by October 2016
			Emphasize Employee Wellness	
		Seek opportunities for efficiencies	Develop an integrated plan to provide facilities and grounds management	*FY18 Budget to include an integrated plan for ground and facilities management
			Develop/acquire asset management capabilities	
Complete Community Services Plan	*Facilitator identified to guide process *Community process *Final plan built in to the FY18 budget			
		Participate in planning for Regional Public Safety Authority	MPD supporting two grant opportunities for CVPSA	
Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
C	Maintain a safe community	Address Drug Issues proactively	Implement Project Safe Catch Continue to support Vermont Drug Task Force and Federal/Local enforcement efforts	*Referral work started. Full implementation June 2016. *Drug interdiction, prevention efforts ongoing

		<b>Maintain Emergency Preparedness</b>	Review and Implement Water System security measures including cyber security	Security matter for executive session or individual briefing
			Achieve control of source	*Charter Change
			Develop Cont. plan to protect public health	*Continue with Alternative Evaluation Study for Enhanced Treatment
			Emergency Training for key staff	
			Develop CSO Overflow reduction plan	Compliance with New Rules: Phase 1: Min Controls Phase 2: Long Term Control Plan
		<b>Improve Public Safety Capacity</b>	Participate in planning for Regional Public Safety Authority	Ongoing support to include negotiations with additional communities for dispatch
			Update Continuity of Operations Plan (COOP) and conduct training on Plan.	Barre City to migrate to Valcour RMS April 2016
		<b>Use Restorative Justice practices</b>	Fully implement Victim outreach	
			Begin ordinance review and changes	
			Broaden use of CJC services	
		<b>Maintain Safe facilities</b>	Develop Park Safety & Rescue Plan	

Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
D	Create and maintain a healthy environment for housing and economic growth	Enact responsible growth policies	Adopt and implement zoning	*Draft zoning and river hazard are regulations
			Adopt and implement EDSP	*Final EDSP for approval *Proposed updated tax stabilization policy for approval *Other deliverables based on recommendations
			Begin Master Plan revision	Introduce Consultant to Council
			Prepare housing strategies plan	*Prepare plan with specific options and strategies for increasing housing *Housing Section of Master Plan
		Explore opportunities for public and private cooperation	Continue working with potential development partners regarding infrastructure needs.	Updated policy on infrastructure needs for development for council consideration
		Facilitate Housing projects	One Taylor Street	*Right of Way obtained *Final design of path and building *Architectural and construction documents executed
			Support development of Dickey (French) Block	Bring forward proposals to advance project as necessary
			Actively work with landowner to create a Sabins Pasture development plan	Infrastructure cost estimates
		Facilitate Economic Development opportunities	Explore potential of Red Building	*Development proposals *Plan to sell or update facility
			Support Mowatt Project	Finalize real estate transaction

Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
E	Maintain a healthy community for people	Promote Health-building Activity	Continue to Implement Montpelier in Motion plan	Presentation of update & completed work. Intentions for FY18 budget consideration
			Develop Policy for balancing Community Services demand and resources	Reported results of CS Strategic Planning Potential new consolidated CS policies and protocols
			Develop Community Services transition plan	*Facilitator identified to guide process *Community process *Final plan built in to the FY18 budget
			Complete Stonewall Meadows Park Plan	
			Identify Funding for new Park lands	
		Promote equity and fairness	Fully implement Victim outreach program	
			Engage collaboratively with community stakeholders to improve circumstances for vulnerable people	
			Implement Project Safecatch	
			Implement President's task Force on 21 <sup>st</sup> Century Policing	Ongoing
			Maintain senior nutrition program to improve health and socialization for aging population	Meet meal demand and explore potential changes to FEAST partnership

Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
F	Maintain a Vibrant downtown	Improve downtown infrastructure	One Taylor St	*Right of Way obtained *Final design of path and building *Architectural and construction documents executed
			Taylor St reconstruction and water quality improvements	Preliminary design plans & cost estimate
			2017 Project Public Relations plan	*Public relations campaign launched in the spring of 2017 in advance of construction
			Wayfinding Sign Plan – design and state approval	RFP for design services issued
		Improve Parking	Complete Parking Plan	Plan to be integrated into Master Plan
		Provide Financial and Logistic Support for downtown	Continue DID	
			Fund Montpelier Alive	
			Assist with events and projects	Street closures and other assistance needed for events such as MayFest, July 3 <sup>rd</sup> , New Year's Eve, etc.
		Increase downtown housing	One Taylor St	See above
	Participate in planning for Dickey (French) Block	Bring forward proposals to advance project as necessary		

Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
G	Achieve a steady state for infrastructure maintenance and improvements, facilities and equipment.	Complete Current Major Projects	One Taylor St	See above
			Taylor St Reconstruction - complete design, permit, ROW, utility relocation	Preliminary design plans & cost estimate
			Shared Use Path (Winooski East extension)	*Secure right of way *Final design *Award construction contracts
		Fund/Implement CIP Maintenance	Complete projects  Full funding in budget	Project Schedule – preliminary & final schedules after contract award for wall / slope, paving & sidewalk projects
			Identify new initiatives and projects	
			Implement Montpelier in Motion	Complete work already approved
		Address Facility needs in a coordinated manner	Develop a plan for facilities and grounds maintenance to be implemented in FY18 budget	FY18 Budget to include an integrated plan for ground and facilities management
		Address Equipment needs	Fund Equip Plan	
		Address Water/Sewer Infrastructure needs	*Complete long term funding plan *Asset Management Grant Application	Funding Plan & Presentation
Ensure that District Heat Montpelier is financially sound	Renegotiate capacity rates	Updated contracted capacities and capacity rates		

Reference Letter	Policy Goal	Strategies	FY17 Actions	FY17 Deliverables to Council
H	Maintain a clean and healthy natural environment	Move toward Net Zero	Create a Net Zero Implementation plan	
		Provide Effective Storm Water management	Complete Storm water Plan  Implement recommendations	Present completed plan  Implementation upon issuance of roads general permit by DEC – grant assistance
		Assure Clean rivers and waterways	Implement CSO rules	See below
			Identify needs, projects. Develop cost estimates.	Compliance with New Rules: Phase 1: Min Controls Phase 2: Long Term Control Plan
		Be as Energy Efficient as possible	Continue review of all city facilities with MEAC	Water plant reviewed – awaiting final recommendation
		Provide Clean Drinking water	Implement Charter change if approved	Source Water Control Measures
			Investigate Protective measures	N/A
		Implement Greening America's Capitals	Evaluate concepts and selection for advancement	See Taylor St Recon Project